

# Measham Medical Unit

*Village Information Notice February 2020*

The Medical Unit will be closed on Wednesday 12<sup>th</sup> February for the afternoon from 1:00pm onwards for Staff Training; we will reopen as normal on Thursday 13<sup>th</sup> February.

## Have you heard about our free NHS Health Checks?

If you're aged between **40** and **74** then you're likely to be eligible for a free **NHS Health Check**. Even though you may feel fine, if you're over forty you may be at risk of **heart disease, stroke, kidney disease, diabetes or dementia**.



**Everyone is at risk** of developing one of these conditions. The good news is that these **conditions can often be prevented** – even if you have a **history of them in your family**. If you're interested in having a free **NHS Health Check** or would like further information on **improving your health for the future**, then please **enquire at reception** or **call the Medical Unit on 01530 270 667** where we will look into sending you an invite.

If you are **outside the age range** and **concerned** about developing one of these conditions or your health, then you should make a **routine appointment with a GP or Nurse Practitioner**.

## The Dispensary is now back open on Saturday Mornings

We have decided to reopen the Dispensary for prescription **collection only** on Saturday mornings. This is to help patients who may find it difficult to collect their prescriptions during the week. The Dispensary will be open between **8:00am and 11:00am every Saturday**.



[www.meashamdoctors.co.uk](http://www.meashamdoctors.co.uk)

