

The Parish Council would like to wish everyone a very merry and safe Christmas and a happy New Year.

COFFEE MORNING

Come and meet your parish councillors on Friday 20th December, 11.45am—1pm at Measham Leisure Centre.

Awards to Parish Champions will be given out at this event.

This year the Parish Champions are Janet Joyce, Measham Walking for Health Group and Linda Plummer, Measham Gardening Group. Well Done!

MEMORIAL SAFETY TESTING

As part of the memorial safety programme at Measham Cemetery, Parish Council staff will begin testing memorials from **6th January 2020**.

As Cemetery owner, Measham Parish Council is obliged to undertake this work to ensure that its cemeteries are safe places for the public to visit.

Under this safety testing programme all memorials will be tested by trained staff using industry approved testing procedures, in this instance testing will be a visual and light touch procedure only.

Any memorials found to be unsafe are either, laid flat, secured with a temporary stake or cordoned off to ensure that they do not present a risk to visitors to the cemetery. Parish Council staff are not able to fix memorials but Exclusive Rights holders will be contacted at their last known address, if after 3 months there is no response the parish council will take whatever action is necessary to ensure the memorial is safe which could include laying flat or digging into the ground.

Only Accredited Memorial Masons and members can fix memorials within the cemetery.

The Parish Council endeavours to carry out this with minimal disruption. However, we would ask that any visitors to the cemetery take note of the warning signs and exercise caution near memorials during this testing.

NEXT MEETING DATES

The next **Parish Council** meeting will take place on Thursday **January 9th** at Measham Leisure Centre, 7pm. The next Planning Committee meeting will take place on Thursday **January 16th** also at Measham Leisure Centre, also at 7pm.

All parishioners are welcome to meetings with time set aside at the beginning to raise questions with members.

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COMMUNITY FUND | European Union

This project is funded by the European Social Fund and the National Lottery Community Fund. For more information visit www.esf.org.uk and www.nlc.org.uk



Measham Medical Unit

Village Information Poster for DECEMBER

Christmas & New Year Closing:

Christmas Eve: 8.00am – 4.00pm – (Closed between 1.00pm – 2.00pm)

Christmas Day: Closed **New Year's Eve:** 8.00am – 4.00pm

Boxing Day: Closed **New Year's Day:** Closed

If you need medical attention while we're closed, please call 111

If you enjoy a drink, remember these tips to help
you drink safely...

If you regularly drink more than 14 units a week, try these simple tips to help you cut down. (14 units is equivalent to 6 pints of average-strength beer or 10 small glasses of low-strength wine).

Plan: Before you start drinking, set a limit on how much you're going to drink.

Budget: Only have a fixed amount of money to spend on alcohol.

Let them know: If you let your friends and family know you're cutting down and it's important to you, you could get support from them.

Take it a day at a time: Cut back a little each day.

Make it a smaller one: You can still enjoy a drink, but go for smaller sizes. Try bottled beer instead of pints, or a small glass of wine instead of a large one.

Wishing you a healthy and happy Christmas – From all at the Medical Unit



www.meashamdoctors.co.uk



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